



कार्यालय अधिष्ठाता एवं मुख्य कार्यपालन अधिकारी  
नंदकुमार सिंह चौहान शासकीय चिकित्सा महाविद्यालय, खण्डवा  
(पूर्व में शासकीय चिकित्सा महाविद्यालय, खण्डवा)

लव-कुश नगर, मूंदी रोड़, खण्डवा (म.प्र.), दूरभाष-0733-2990080, Fax-0733-2990080

Email: [deangmckhandwa@gmail.com](mailto:deangmckhandwa@gmail.com), Website: [www.gmckhandwa.org](http://www.gmckhandwa.org)

संशोधित

क्रमांक / 7704 / सामान्य / शा.चि.म. / 2025 /  
प्रति,

खण्डवा, दिनांक : / 09 / 2025  
20/09/25

समस्त विभागाध्यक्ष,  
नंदकुमार सिंह चौहान शासकीय चिकित्सा महाविद्यालय,  
खण्डवा।

विषय :- Foundation Course teaching schedule Academic Session 2025-26.

- संदर्भ :-
1. कार्यालयीन आदेश क्रमांक / 1632 / छात्रशाखा / नं.सिं.चौ.शा.चि.म. / 2025 खण्डवा, दिनांक 18 / 09 / 2025.
  2. MEU Coordinator एवं विभागाध्यक्ष, फिजिओलॉजी विभाग, नं.सिं.चौ.शा.चि.म. खण्डवा का पत्र क्रमांक / 151 / MEU/NSC GMC/202, Date 19/09/2025.
  3. कार्यालयीन पत्र क्रमांक / 7670 / सामान्य / शा.चि.म. / 2025 / खण्डवा दिनांक 19 / 09 / 2025.

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उपर्युक्त विषयांतर्गत संदर्भित पत्रों के तारतम्य में लेख है कि नंदकुमार सिंह चौहान शासकीय चिकित्सा महाविद्यालय द्वारा गठित Curriculum Committee द्वारा अनुमोदित संलग्न Foundation Course teaching schedule Academic Session 2025-26 (संशोधित) का अनुपालन करते हुए आवश्यक कार्यवाही करना सुनिश्चित करें।

संलग्न :- उपर्युक्तानुसार

(डॉ. संजय कुमार दादु) 19/09  
अधिष्ठाता एवं मुख्य कार्यपालन अधिकारी,  
नंदकुमार सिंह चौहान शा.चि.म. खण्डवा  
खण्डवा, दिनांक : 20 / 09 / 2025

क्रमांक / / सामान्य / शा.चि.म. / 2025 /  
प्रतिलिपि :- सूचनार्थ प्रेषित।

1. आयुक्त, लोक स्वास्थ्य एवं चिकित्सा शिक्षा, भोपाल, म.प्र।
2. संचालक, लोक स्वास्थ्य एवं चिकित्सा शिक्षा, सतपुड़ा भवन, भोपाल म.प्र।
3. डॉ. नजिम सिद्दीकी, MEU Coordinator एवं विभागाध्यक्ष, फिजिओलॉजी विभाग, नं.सिं.चौ.शा.चि.म. खण्डवा

(डॉ. संजय कुमार दादु)  
अधिष्ठाता एवं मुख्य कार्यपालन अधिकारी,  
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(पूर्व में शासकीय चिकित्सा महाविद्यालय, खण्डवा)

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संशोधित

क्रमांक /  
प्रति, / सामान्य / शा.चि.म. / 2025 /

खण्डवा, दिनांक : 20/09/2025

समस्त विभागाध्यक्ष,  
नंदकुमार सिंह चौहान शासकीय चिकित्सा महाविद्यालय,  
खण्डवा।

विषय :- Foundation Course teaching schedule Academic Session 2025-26.

- संदर्भ :-
1. कार्यालयीन आदेश क्रमांक / 1632 / छात्रशाखा / नं.सिं.चौ.शा.चि.म. / 2025 खण्डवा, दिनांक 18/09/2025.
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  3. कार्यालयीन पत्र क्रमांक / 7670 / सामान्य / शा.चि.म. / 2025 / खण्डवा दिनांक 19/09/2025.

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संलग्न :- उपर्युक्तानुसार

7705-07

क्रमांक /  
प्रतिलिपि :- सूचनार्थ प्रेषित। / सामान्य / शा.चि.म. / 2025 /

1. आयुक्त, लोक स्वास्थ्य एवं चिकित्सा शिक्षा, भोपाल, म.प्र.।
2. संचालक, लोक स्वास्थ्य एवं चिकित्सा शिक्षा, सतपुड़ा भवन, भोपाल म.प्र.।
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(डॉ. संजय कुमार दादु)

अधिष्ठाता एवं मुख्य कार्यपालन अधिकारी,  
नंदकुमार सिंह चौहान शा.चि.म. खण्डवा

खण्डवा, दिनांक : 20/09/25.

(डॉ. संजय कुमार दादु)

अधिष्ठाता एवं मुख्य कार्यपालन अधिकारी,  
नंदकुमार सिंह चौहान शा.चि.म. खण्डवा



**NANDKUMAR SINGH CHOUHAN GOVERNMENT MEDICAL COLLEGE KHANDWA**  
(Formerly known as Government Medical College Khandwa M.P.)  
**FOUNDATION COURSE 1<sup>st</sup> MBBS (Batch 2025-26)**



Date	9-10AM	10-11AM	11-12AM	12-1PM	2-3PM	3-4PM	4-5PM
22.09.25	Introduction Icebreaking, Role of doctors in the society <b>Deptt. of Physiology</b>	Overview of MBBS curriculum <b>MEU Coordinator</b>	Address by the Dean, Hostel warden (Boys & Girls hostel)	University /NMC guidelines of attendance, internal assessment, pass/fail criteria <b>In-charge student section</b>	Orientation to College Campus (Batch 1-60) <b>Deptt. of Anatomy</b>	Orientation to Hospital Campus (Batch 61-120) <b>Deptt. of ENT &amp; Dermatology</b>	
23.09.25	History of Medicine and alternate health care systems in India <b>Deptt. of Biochemistry</b>	Understanding the role of Mentoring in medical education. Introduction and allocation of the mentors. <b>Chairman Mentor Mentee Committee (Deptt. FMT and Toxicology)</b>	Roles of an Indian Medical Graduate (IMG) MEU <b>Coordinator</b>	Orientation to College Campus (Batch 61-120) <b>Deptt. of Anatomy</b>	Orientation to Hospital Campus (Batch 1-60) <b>Deptt. of ENT &amp; Dermatology</b>		
24.09.25	Zero Tolerance to ragging and introduction to anti-ragging committee and support system <b>Secretary Anti-ragging committee</b>	Orientation to the departments teaching in the 1 <sup>st</sup> Phase (Rotation in every department for 1.5 hour) <b>Deptt. of Anatomy &amp; Physiology</b>		Orientation to the departments teaching in the 1 <sup>st</sup> Phase(Rotation in every department for 1.5 hour) <b>Deptt. of Biochemistry &amp; Community Medicine</b>	Extracurricular activities <b>Deptt. Of Pathology</b>		

Page-1

19/09/24  
**DEAN & CEO**  
Nandkumar Singh Chouhan  
Government Medical College  
Khandwa (M.P.)



**NANDKUMAR SINGH CHOUHAN GOVERNMENT MEDICAL COLLEGE KHANDWA**  
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Time/Date	9-10AM	10-11AM	11-12AM	12-1PM	2-3PM	3-4PM	4-5PM
25.09.25	National guidelines on the process of management of bio medical waste. <b>Deptt. of Microbiology</b>	Universal precautions, Segregation and safe disposal of Bio hazardous materials in a simulated environment (Hands on experience). <b>Deptt. of Microbiology</b>	Principles of family practice/role of family physician in Health care delivery <b>Deptt. of Gen. Medicine</b>	Giving first Aid in simulated environment (Batch-A) <b>Deptt. of Gen. Medicine</b> Proper hand washing and use of personal protective equipment (Batch-B) <b>Deptt. of Gen. Surgery &amp; Orthopedics</b> Perform BLS in simulated environment (Batch-C) <b>Deptt. of Paediatrics &amp; Anaesthesiology</b> Giving first Aid in simulated environment (Batch-B) <b>Deptt. of Gen. Medicine</b> Proper hand washing and use of personal protective equipment (Batch-C) <b>Deptt. of Gen Surgery</b> Perform BLS in simulated environment (Batch-A) <b>Deptt. of Paediatrics &amp; Anaesthesiology</b> Giving first Aid in simulated environment (Batch-C) <b>Deptt. of Gen. Medicine</b> Proper hand washing and use of personal protective equipment (Batch-A) <b>Deptt. of Gen Surgery</b> Perform BLS in simulated environment (Batch-B) <b>Deptt. of Paediatrics &amp; Anaesthesiology</b>	Training in English/Regional Language <b>Deptt. of Anatomy</b>	Immunization requirements of Health care professionals <b>Deptt. of Obstetrics and gynaecology</b>	Training in English/Regional Language <b>Deptt. of Anatomy</b>
26.09.25	Documentation in patient care and the proper methods of documentation <b>Deptt. of Forensic Medicine</b>	Structure and functioning of the community health centre care <b>Deptt. of Community Medicine</b>	Accessing online resources for studies <b>Deptt. of Biochemistry</b>				
27.09.25	Medical ethics and professionalism: 1. Honesty and respect during interaction with peers, seniors, faculty, and health care workers and patients. 2. Concept of Professionalism and Ethics, consequences of unprofessional and unethical behaviour. <b>Deptt. of Forensic Medicine</b>	Response to injuries during working (needle/scapel or other sharp instruments injuries) <b>Deptt. of Gen Surgery &amp; Orthopedics</b>					Extracurricular activities <b>Deptt. Of Pathology</b>





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**FOUNDATION COURSE 1<sup>st</sup> MBBS (Batch 2025-26)**



Time/Date	9-10AM	10-11AM	11-12AM	12-1PM	2-3PM	3-4PM	4-5 PM
29.09.25	National Health goals and policies/ health Care systems <b>Deptt. of Community Medicine</b>	Working in a health care team <b>Deptt. of Community Medicine</b>	Professional behaviour and altruistic behaviour. Core values (compassion, altruism, integrity, duty, responsibility and trust) of the physician's work. <b>Deptt. of Forensic Medicine</b>	Mental health challenges in medical education. <b>Deptt. of Gen. Medicine (Psychiatry)</b>	Extracurricular activities <b>Deptt. Of Pathology</b>		
30.09.25	Introduction to Yoga and meditation <b>Deptt. of Dentistry</b>	Reflections in medical education and reflection writing workshop <b>Deptt. of Biochemistry</b>	Collaborative learning <b>Deptt. of Biochemistry</b>	Handling interpersonal relationships in medical college <b>Deptt. of Physiology</b>	Stress management. <b>Deptt. of Gen. Medicine (Psychiatry)</b>	Sports <b>Sports committee</b>	
03.10.25	Role of Yoga and meditation in coping stress <b>Deptt. of Dentistry</b>	Rights of the persons with disabilities as per UN convention <b>Deptt. of Forensic Medicine</b>	Use of AI in medicine <b>Deptt. of Pharmacology</b>	Self-directed learning (SDL) methods of Self-directed learning. <b>Deptt. of Ophthalmology</b>	"Shram Daan" <b>Sports committee</b>		

Page-3

*[Signature]*  
19/09

**DEAN & CEO**  
Nandkumar Singh Chouhan  
Government Medical College  
KHANDWA (M.P.)



**NANDKUMAR SINGH CHOUHAN GOVERNMENT MEDICAL COLLEGE KHANDWA**  
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**FOUNDATION COURSE 1<sup>st</sup> MBBS (Batch 2025-26)**



Time/Date	9-10AM	10-11AM	11-12AM	12-1PM	2-3PM	3-4PM	4-5PM
04.10.25	Communication in medicine. <b>Deptt. of Physiology</b>	History of Outbreaks, Epidemics & Pandemics <b>Deptt. of Community Medicine</b>	Maintaining Hand hygiene <b>Deptt. Of Microbiology</b>	Computer skills (introduction to MS office/Power point/Word/Excel) <b>Deptt. Of Pharmacology</b>	Research opportunities (STS, ICMR etc.) for UG medical students. <b>Deptt. of Biochemistry</b>	Sports Sports committee	
06.10.25	Time management for studies in medical college. <b>Deptt. of Pathology</b>	Interactions with patients and families- Field visits (CHC/PHC) <b>Deptt. of Community Medicine</b>			Breaking Bad News <b>Deptt. Of OBGY</b>	Cultural event <b>Deptt. Of Pathology</b>	
08.10.25	Use of personal protective equipments <b>Deptt. Of Microbiology</b>	Computer skills (introduction to MS office/Power point/Word/Excel) <b>Deptt. Of Pharmacology</b>		White coat ceremony <b>MEU</b>			